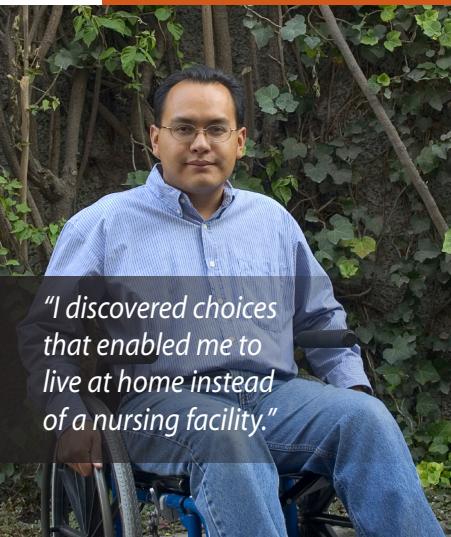


Your Guide to California's Long-Term Care Services



What is the CalCareNet website?

CalCareNet is the California Care Network. It's a free public website for information about long-term care, also called long-term services and supports, in our state. CalCareNet makes it easy to learn about long-term care and also helps people find the services they need.

CalCareNet website launched in June 2009. In its first phase, CalCareNet features local services in Orange and Riverside counties. It provides statewide information about licensed care facilities and alcohol and drug programs. It also offers general education and tips for everyone.

What are "long-term care services?"

Some of us will arrive at a time in life when we need long-term help with daily health, medical, or personal care needs. This can happen as we age. Or it can happen at any age as the result of an illness or disability. Most often, long-term care is assistance with the activities of day-to-day living such as eating, bathing, dressing, using the bathroom, and moving around.

Who uses CalCareNet?

CalCareNet serves all Californians who want to learn about long-term care, including older adults, persons with disabilities, family members, caregivers, service providers, and more.

Live life fully. Live it your way.

www.calcarenet.ca.gov

CalCareNet is a pilot website sponsored by the California Health and Human Services Agency and is funded under Grant CFDA 93.779 from the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services.

What does CalCareNet offer?

- **Education.** The CalCareNet website explains the options for long-term care. It answers common questions. It gives ideas for helpful services that many people don't realize are available. And it has a glossary and links to more resources.
- **Search tools.** CalCareNet lets people search for services by location and type of service. It also has a Guided Search that helps people get started. This guide asks a few questions about a person's situation and then it suggests services that fit.
- **Encouragement.** CalCareNet empowers people to remain as independent as possible. It connects people to information and resources that help them enjoy a full life.

